

Job Title: Physical Activity Facilitator

Reporting to: Community Access Manager

The Role: We are seeking a Physical Activity Facilitator with an enthusiastic and caring approach to motivating individuals with a learning, physical disability or sensory impairments disability and/or mental health needs to access physical activities

The ideal candidate will be working with partners across the Camden borough to set up and deliver high quality and innovative physical activity sessions to engage adults with high needs who are currently inactive.

Responsibilities:

- Preparing and delivering a range of innovative physical activity session plans aligned to the programme objective
- Monitoring each session and reporting back to the project manager; including capturing accurate data securely on individuals attending the sessions
- Develop and inspire adults with disabilities and/or mental needs to live and lead active and healthy lifestyles
- Identifying potential pathways for individuals and supporting/motivating them forward into sustained activity

Knowledge, Experience & Skills

Essential:

- Relevant qualification in health and wellbeing/physical activity or nutrition
- Self-motivated and passionate about improving health for people with learning disabilities
- Confident communicator
- Experience within physical activity, sports development and/or Health within public, private or voluntary sector

Salary: £25.00 per hour

Further information: For an informal chat about the role contact Laura Murphy, Community Access Coordinator

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